










SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>LUNCH is served at 11:30am Monday-Friday Suggested donation: \$4.00 Please call your reservations in by noon the day before (402) 727-2815</p>						
2	<p>9:00 Sip and Chat</p> <p>9:30 Chair Volleyball</p> <p>10:15-11:15 Funny \$ Card Bingo</p> <p>12:30 Pitch Tournament/Pool Players</p> <p>Hawaiian BBQ Chicken</p> <p>Three Meat Hoagie</p>	<p>9:15 Tai Chi 9:15 Mahjong</p> <p>10:30 Bunco or Cornhole</p> <p>12:30 Bingo-Home Instead</p> <p>1:30 Pinochle or Moan and Groan</p> <p>Beefy Macaroni Casserole</p> <p>Pecan Cranberry Chicken Salad</p>	<p>9:45 Movie Wednesday with Marv's Marvelous Popcorn</p> <p>12:30 Hand & Foot</p> <p>12:30 Sheepshead</p> <p>Pork Chops w/ Apple Chutney</p> <p>Roast Beef Chef Salad</p>	<p>9:30 Bridge and Walking Club</p> <p>10:00 Mitasha, Registered Dietician-NYE</p> <p>10:30 Bingo</p> <p>12:30 Pitch Tournament/Pool Players</p> <p>10 Grain Fish Fillet</p> <p>Cheese Tortellini over Lettuce Salad</p>	<p>9:15 Tai Chi</p> <p>10:00 Chair Volleyball</p> <p>10:30 Bohemian Pitch</p> <p>12:30 Center Closes</p> <p>Pizza Joe Sandwich</p> <p>Teriyaki Chicken Strips</p>	
9	<p>9:00 Sip and Chat</p> <p>9:30 Chair Volleyball</p> <p>10:15-11:15 Funny \$ Card Bingo</p> <p>12:30 Pitch Tournament</p> <p>12:30 Pool Players</p> <p>Beef Stew</p> <p>Egg Salad on Croissant</p>	<p>9:15 Tai Chi 9:15 Mahjong</p> <p>10:30 Bunco or Shuffleboard</p> <p>12:30 Bingo-Shalimar</p> <p>1:30 Pinochle or Moan and Groan</p> <p>1:30 Garbage Cards</p> <p>Breaded Chicken Sandwich</p> <p>BLT Salad</p>	<p>9:15 Snacks from Nye</p> <p>9:30 Line Dance Lessons</p> <p>10:00 Music w/ The Links</p> <p>12:30 Hand & Foot</p> <p>12:30 Sheepshead</p> <p>Italian Meatballs</p> <p>Chef Salad</p>	<p>9:30 Walking Club</p> <p>10:00 Fremont Therapy and Wellness Presentation</p> <p>10:30 Poker Bingo</p> <p>12:30 Pitch Tournament/Pool Players</p> <p>Pork Fritter</p> <p>Chicken Pasta Salad over Lettuce</p>	<p>9:15 Tai Chi</p> <p>9:15 Dominoes</p> <p>10:00 Chair Volleyball</p> <p>10:30 Bingo with Pro-Med Care</p> <p>12:30 Center Closes</p> <p>Baked Cod in Citrus Cream Sauce</p> <p>Greek Chicken Salad</p>	
16	 <p>Martin Luther King Day</p> <p>Center is closed</p>	<p>9:15 Tai Chi 9:15 Mahjong</p> <p>10:30 Bunco or Cornhole</p> <p>12:30 Bingo-Edgewood Vista</p> <p>1:30 Pinochle</p> <p>1:30 Moan and Groan</p> <p>Ham and Scalloped Potatoes</p> <p>Roast Beef & Swiss Sandwich</p>	<p>9:15 Snacks from Nye</p> <p>9:30 Line Dance Lessons</p> <p>10:30 Music w/ Billy Troy</p> <p>12:30 Hand and Foot</p> <p>12:30 Sheepshead</p> <p>Soft Shell Beef Taco</p> <p>Turkey Chef Salad</p>	<p>9:30 Walking Club</p> <p>9:30 Bridge</p> <p>10:30 Bingo</p> <p>12:30 Pitch Tournament</p> <p>12:30 Pool Players</p> <p>Turkey Breast with Gravy</p> <p>Ham and Cheese Sandwich</p>	<p>9:15 Tai Chi</p> <p>9:30 Dominoes</p> <p>10:00 Chair Volleyball</p> <p>10:30 Horse Derby</p> <p>12:30 Center Closes</p> <p>Salisbury Steak</p> <p>Turkey & Cheddar on Ciabatta bun</p>	
23	<p>9:30 Chair Volleyball</p> <p>10:15-11:15 Funny \$ Card Bingo</p> <p>12:30 Pitch Tournament/Pool Players</p> <p>Teriyaki Meatballs/Chicken Caesar Sld</p>	<p>9:15 Tai Chi 9:15 Mahjong</p> <p>10:30 Bunco or Shuffleboard</p> <p>12:30 Bingo-Friendship Center</p> <p>1:30 Pinochle</p>	<p>9:15 Shuffleboard</p> <p>9:30 Line Dance Lessons</p> <p>10:30 Music w/ Jerry Stingley</p> <p>12:30 Hand and Foot</p> <p>12:30 Sheepshead</p>	<p>9:30 Walking Club</p> <p>10:00 Group Game of Catch Phrase</p> <p>10:30 Mystery Bingo</p> <p>12:30 Pitch Tournament</p> <p>12:30 Pool Players</p>	<p>9:15 Tai Chi</p> <p>10:00 Chair Volleyball</p> <p>10:30 Dominoes</p> <p>10:30 Bohemian Pitch</p> <p>12:30 Center Closes</p>	
30	<p>Same schedule as last Monday except 10:45 Funny \$ Auction</p> <p>Cheesy Chicken/Crab -Shrimp Mac. Sld</p>	<p>1:30 Moan and Groan</p> <p>Roast Beef and Gravy</p> <p>Deli Chicken Sandwich w/ Cheese</p>	<p>12:30 Sheepshead</p> <p>Cheese Omelet</p> <p>Ham and Cheese Sandwich</p>	<p>12:30 Pool Players</p> <p>Ham and Bean Soup</p> <p>Roast Beef Chef Salad</p>	<p>Cheeseburger on Bun</p> <p>Ham Chef Salad</p>	

JANUARY 2022

FREMONT FRIENDSHIP CENTER

402-727-2815

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1730 W. 16th-located at Christensen Field