


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	Center Hours: M-Thurs. 9-3, Fri.9-1 Lunch served at 11:30 M-F Suggested lunch donation-\$4.00 Transportation: \$3 each way Like us on Facebook: Fremont Friendship Center			1 9:15 Tai Chi 9:15 Exercises 10:00 Let's Mingle 10:30 Bingo 12:30 Sheepshead 12:30 Pinochle Meatloaf Turkey and Cheddar on Vienna Bread	2 9:00 Hand and Foot 9:30 Chair Volleyball 10:00 UNO Attack 10:00 Bohemian Pitch 10:30 Group Game of Catch Phrase Center closes at 1pm Beef and Bean Burrito Creamy Cheese Tortellini	3 National Watermelon day 		
	4		5 9:00 Rummikub 9:30 Chair Volleyball 10:00 Board Game Monday 10:30 UNO Attack 10:30 Bunco 12:30 Double Pot Pitch Get double or more if you eat lunch Spaghetti and Meatballs BLT Supreme Salad	6 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Ten Signs of Alzheimer's Presentation 12:30 Bingo 1:30 Bohemian Pitch 1:30 Open Games Cheeseburger Classic Chef Salad	7 9:00 Line Dancing 9:00 Exercises 9:30 Hand and Foot 10:00 Getting to know you! 10:30 Special Music Wally on the Piano 12:30 Pitch Tournament Chicken Fried Rice Roast Beef & Cheddar Sandwich	8 9:00 Rummikub 9:15 Tai Chi 9:15 Exercises 10:00 Presentation with Pathfinder Advanced Directives 10:30 Mystery Bingo 12:30 Sheepshead/Pinochle Oven Fried Chicken Breast Turkey Chef Salad	9 9:00 Rummikub 9:30 Chair Volleyball 10:00 Scrabble 10:00 Dominoes 10:30 Bingo with Pro-Med Care Center closes at 1pm Salisbury Steak Cranberry Chicken Salad on Croissant	10
	11		 12 9:00 Rummikub 9:00 Exercises 9:30 Open Games 9:30 Movie Monday with Marv's Marvelous Popcorn 12:30 Double Pot Pitch Get double or more if you eat lunch Chicken Piccata Ham and Cheese Sandwich	13 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:00 UNO Attack 10:00 Bunco 12:30 Bingo w/ Shalimar 1:30 Open Games Mini Corn Dogs R. Beef & Bleu Cheese Salad	14 9:00 Sip and Chat 9:00 Line Dancing 9:30 Exercises 10:30 Special Music with Bill Chrastil 11:30 Monthly Birthday Party 12:30 Pitch Tournament Roast Beef w/ Gravy Egg Salad on Vienna Bread	15 9:15 Tai Chi 9:15 Exercises 10:00 Breathing Techniques by Fremont Wellness and Therapy 10:30 Bingo 12:30 Sheepshead 12:30 Pinochle Cod Loin in Manhattan Red Sauce Turkey & Cheese on Bun	16 ENOA WALK-A-THON BUS LEAVES AT 7:30AM RESERVATIONS REQUIRED CENTER IS CLOSED TODAY!!	17 
	18		19 9:00 Rummikub 9:30 Chair Volleyball 10:00 Board Game Monday 10:30 Bunco 12:30 Double Pot Pitch Get double or more if you eat lunch Pork Fritter w/ Gravy Ranch Chicken Salad Bun	20 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:00 Open Games 12:30 Bingo 1:30 Open Games Cheesy Broccoli Chicken Breast Italian Sandwich	21 8:45 Cinnamon rolls w/ Nye 9:00 Line Dancing 9:30 Exercises 10:30 Special Music with Billy Troy 12:30 Pitch Tournament Beef Jumbo Frank Tuna Salad on Bread	22 9:15-Tai Chi 9:15 Exercises 10:00 Closed Captioning presentation 10:30 Poker Bingo 12:30 Sheepshead and Pinochle Liver w/Onion Gravy Turkey Chef Salad	23 9:00 Rummikub 9:00 Farkle 9:00 Scrabble 9:30 Chair Volleyball 10:30 Bingo w/ Miracle Ear Center closes at 1pm Spicy Italian Casserole Ham Salad on Marble Bread	24
	25		 26 9:00 Rummikub 9:00 Exercises 9:30 Movie Monday with Marv's Marvelous Popcorn 10:30 Pour Painting 12:30 Double Pot Pitch 10 Grain Fish Philly Cheesesteak Salad	27 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Bunco 10:00 Coloring w/ Paulette 12:30 Bingo w/ Pathfinder 1:30 Open Games Soft Shell Beef Taco Crab Salad on Croissant	28 9:00 Line Dancing 9:15 Board Meeting 9:30 Hand and Foot 10:30 Entertainment w/ Wayne Miller 12:30 Pitch Tournament BBQ Pork Sandwich Chicken Caesar Salad	29 9:15 Tai Chi 10:00 Sensory Impairments Presentation by Nye Services 10:30 Bingo 12:30 Sheepshead 12:30 Pinochle Turkey and Gravy Ham Chef Salad	30 9:00 Hand and Foot 9:30 Chair Volleyball 10:00 UNO Attack 10:00 Bohemian Pitch 10:30 Group Game of Catch Phrase Center closes at 1pm Roasted Pork Loin Roast Beef & Swiss on Bun	31 