






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Center Hours: M-Thurs. 9-3, Fri.9-1 Lunch served at 11:30 M-F Suggested lunch donation-\$4.00 Transportation: \$3 each way Fremontne.gov Like us on Facebook: Fremont Friendship Center</p> 						1
2	<p>3 9:00 Rummikub 9:00 Hand and Foot 9:00 Skip Bo 9:30 Chair Volleyball 10:30-11:15 Funny \$ Bingo Save your fun \$\$ for a prize! 12:30 Pitch Tournament Ham and Scalloped Potatoes Crab & Shrimp Macaroni Salad</p>	<p>4 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:00 Corn Hole & Bunco 12:30 Bingo with Fremont Therapy and Wellness 1:30 Manipulation Card Game Pizza Joe Sandwich Chef Salad</p>	<p>5 9:00 Line Dancing 9:30 Exercises 9:30 Hand and Foot 10:00 Know your VA benefits Pro-Med Care 10:30 Wally on the Piano 12:30 Pitch Tournament Hawaiian BBQ Chicken Three Meat Hoagie</p>	<p>6 9:00 Walking Club 9:15 Tai Chi 9:15 Exercises 10:00 "What is an Ombudsman?" 10:30 Poker Bingo 12:30 Sheepshead 12:30 Pinochle Roasted Pork Loin w/ Apple Relish Roast Beef Chef Salad</p>	<p>7 9:00 Rummikub 9:30 Chair Volleyball 10:00 Corn Hole 10:00 Dominoes 10:00 Farkle 10:30 Bingo with Pro-Med Care Center closes at 1pm Beef Stew Egg Salad on Croissant</p>	8
9	 <p>10 9:00 Rummikub 9:00 Hand and Foot 9:00 Skip Bo 9:30 Chair Volleyball 10:30-11:15 Funny \$ Bingo Save your fun \$\$ for a prize! 12:30 Pitch Tournament Chicken Tenders Roast Beef & Cheese Sandwich</p>	<p>11 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:00 Corn Hole 10:00 Bunco 12:30 Bingo w/ Shalimar 1:30 Manipulation Card Game Italian Meatballs Cheese Tortellini over lettuce</p>	<p>12 9:00 Line Dancing 9:30 Exercises 9:30 Hand and Foot Cards 10:30 Special Music with Julie Couch 11:30 Monthly Birthday Party 12:30 Pitch Tournament Roast Beef Gravy Deli Chicken and Cheese Sandwich</p>	<p>13 9:00 Walking Club 9:15 Tai Chi 9:15 Exercises 10:00 The Benefits of Walking 10:30 Bingo 12:30 Sheepshead 12:30 Pinochle Fried Chicken Breast with Gravy Roast Beef & Cheese Sandwich</p>	<p>14 9:00 Rummikub 9:00 Bohemian Pitch 9:30 Valentine Treats from Nye 9:45 Crowning of the King & Queen 10:00 SPECIAL MUSIC WITH THE LINKS!! Center closes at 1pm Pork Fritter Chicken Pasta Salad</p> 	15
16	<p>17</p>  <p>Happy Presidents' Day Closed for President's Day</p>	<p>18 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:00 Corn Hole 12:30 Bingo w/ Mosaic 1:30 Manipulation Card Game Cheeseburger Teriyaki Chicken over Lettuce</p>	<p>19 8:45 Homemade Rolls from Nye 9:00 Hand and Foot Cards 9:00 Line Dancing 10:30 Special Music with Billy Troy 12:30 Pitch Tournament Liver with Onion Gravy Turkey & Cheese on Ciabatta Bun</p>	<p>20 9:00 Walking Club 9:15 Tai Chi 10:00 Fremont Therapy & Wellness Improving your cardio with Ashley 10:30 Mystery Bingo 12:30 Sheepshead/Pinochle Soft Shell Beef Taco Greek Chicken Salad</p>	<p>21 9:00 Rummikub 9:00 Farkle 9:00 Scrabble 9:30 Chair Volleyball 10:30 Bingo with Miracle Ear Center closes at 1pm Beefy Macaroni Casserole Pecan Cranberry Chicken Salad</p>	22
23	 <p>24 9:00 Rummikub 9:30 Chair Volleyball 10:00 Marv's Marvelous Popcorn 10:30 Funny Money Bingo 11:00 Funny Money Auction 12:30 Pitch Tournament Ham and Beans Turkey Chef Salad</p>	<p>25 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:00 Corn Hole 12:30 Bingo w/ Pathfinder 1:30 Manipulation Card Game Turkey Breast with Gravy Ham and Cheese Sandwich</p>	<p>26 9:00 Line Dancing 9:15 Board Meeting 9:30 Hand and Foot 10:30 Special Music with Jerry Stingley 12:30 Pitch Tournament Baked Cod Loin in Cream Sauce Roast Beef Chef Salad</p>	<p>27 9:00 Walking Club 9:15 Tai Chi 9:30 Train Dominoes 10:00 Walking Trivia 10:30 Bingo 12:30 Sheepshead/Pinochle Teriyaki Meatballs Chicken Caesar Salad</p>	<p>28 9:00 Rummikub 9:00 Farkle 9:00 Scrabble 9:30 Chair Volleyball 10:30 Trivia Center closes at 1pm 10 Grain Fish Fillet Ham Chef Salad</p>	29



FEBRUARY 2020

FREMONT FRIENDSHIP CENTER

402-727-2815