

FREMONT FRIENDSHIP CENTER
FEBRUARY 2019

1730 w. 16TH FREMONT NE 402-727-2815

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Suggested lunch contribution is \$4.00 for those 60 and better Lunch served daily at 11:30am call by noon the day before Center is open Monday-Thursday 9:00am-3:00pm Fridays 9:00am-1:00pm Transportation available \$3.00 each way Like us on Facebook: Fremont Friendship Center					1 9:00 Rummikub 9:30 Chair Volleyball 10:00 Train Dominoes 10:00 Farkle 10:00 Cheat Cards 10:30 Group Game of Catch Phrase 10 Grain Fish Fillet Creamy Tortellini over lettuce	2 	
WALKERS: YOU MAY CONTINUE WALKING ON THE CHRISTENSEN FIELD SIDE ON TUES. WED. AND THURSDAYS 9AM-3PM							
3	4 9:00 Rummikub 9:15 Exercises 9:30 Scrabble 9:30 Board Game Monday Try a new game today! 12:30 Double Pot Pitch Get double or more if you eat lunch Ham & Scalloped Potatoes Crab & Shrimp Macaroni Salad	5 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:00 Hand and Foot 10:30 Skip Bo 12:30 Bingo-w/ Fremont Audiology 1:30 Open Games Cheeseburger Ham Chef Salad	6 9:00 Sip and Chat 9:30 Exercises 9:30 Line Dancing 10:00 Questions and Answer time regarding the center-Laurie 10:30 Music w/ Wally on Piano 12:30 Pitch Tournament Hawaiian BBQ Chicken Three Meat Hoagie	7 9:00 Rummikub 9:15 Tai Chi and Exercises 9:30 UNO Attack 9:30 Cheat Cards 10:30 Bingo 12:30 Sheepshead and Pinochle Roasted Pork Loin Roast Beef Chef Salad	8 9:00 Rummikub 9:30 Chair Volleyball 10:00 Train Dominoes 10:00 Farkle 10:00 Cheat Cards 10:30 Bingo with Pro-Med Care CENTER CLOSSES AT 1PM Beef Taco Casserole Egg Salad on Croissant	9	
	10 9:00 Rummikub 9:15 Exercises 9:30 Scrabble 9:30 Board Game Monday 10:30 Bowling on the Wii 12:30 Double Pot Pitch Get double or more if you eat lunch Chicken Tenders Roast Beef & Cheese Sandwich	11 9:00 Rummikub 9:15 Exercises 9:30 Scrabble 9:30 Board Game Monday 10:30 Bowling on the Wii 12:30 Double Pot Pitch Get double or more if you eat lunch Chicken Tenders Roast Beef & Cheese Sandwich	12 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:00 Hand and Foot 10:30 Skip Bo 12:30 Bingo-w/ Shalimar 1:30 Open Games Italian Meatballs Classic Chef Salad	13 9:00 Sip and Chat 9:30 Exercises 9:30 Line Dancing 9:30 Bohemian Pitch 10:30 Special Music with Billy Troy 12:30 Pitch Tournament Roast Beef with Gravy Chicken & Cheese Sandwich	14 9:00 Rummikub 9:15 Tai Chi and Exercises 10:00 Valentine's Day Party Crown our new King and Queen 10:30 HEART BINGO 12:30 Sheepshead 12:30 Pinochle Fried Chicken Breast w/ Gravy Roast Beef on Marble Bread	15 9:00 Rummikub 9:30 Chair Volleyball 10:00 Scrabble 10:00 Farkle 10:00 Skip-Bo 10:30 Bingo with Miracle Ear CENTER CLOSSES AT 1PM Pork Fritter Chicken Pasta Salad	16 
17	18  CENTER IS CLOSED TODAY President's Day	19 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:30 Skip Bo 12:30 Bingo 1:30 Open Games Pizza Joe Sandwich Teriyaki Chicken on Lettuce	20 9:00 Cinnamon Rolls w/Nye 9:30 Exercises 10:00 "Heart Healthy Eating"-Nye 10:30 Special Music with Wayne Miller 12:30 Pitch Tournament Liver with Onion Gravy Turkey & Cheese on Ciabatta Bu	21 9:00 Rummikub 9:15 Tai Chi and Exercises 10:00 Let's Mingle 10:30 Poker Bingo 12:30 Sheepshead and Pinochle Baked Cod Loin w/ cream sauce Greek Chicken Salad over Lettuce	22 9:00 Rummikub 9:00 Farkle 9:00 Scrabble 9:30 Chair Volleyball 10:30 Group game of Catch Phrase CENTER CLOSSES AT 1PM Beefy Macaroni Casserole Pecan Cranberry Chicken Salad	23	
	24 9:00 Rummikub 9:30 Exercises 9:30 Scrabble 9:30 Board Game Monday 12:30 Double Pot Pitch Get double or more if you eat lunch Ham & Beans Turkey Chef Salad	25 9:00 Rummikub 9:30 Exercises 9:30 Scrabble 9:30 Board Game Monday 12:30 Double Pot Pitch Get double or more if you eat lunch Ham & Beans Turkey Chef Salad	26 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Bunco 10:00 Coloring w/ Paulette 12:30 Bingo w/ Pathfinder 1:30 Open Games Turkey Breast w/ Gravy Ham and Cheese Sandwich	27 9:15 BOARD MEETING 9:30-12:30 Toe Nail Clinic 9:30 Line Dancing & Exercises 10:30 Special Music with John Worsham 12:30 Pitch Tournament Soft Shell Beef Taco Roast Beef Chef Salad	28 9:00 Rummikub 9:15 Tai Chi and Exercises 9:30 UNO Attack 9:30 Garbage Cards 10:30 Bingo 12:30 Sheepshead & Pinochle Teriyaki Meatballs Chicken Caesar Salad		