

NOVEMBER 2018

FREMONT FRIENDSHIP CENTER

402-727-2815

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Suggested lunch contribution is \$4.00 for those 60 and better</p> <p>Lunch served daily at 11:30am-please call by noon the day before</p> <p>Center is open Monday-Thursday 9:00am-3:00pm</p> <p>Fridays 9:00am-1:00pm</p> <p>Transportation available \$3.00 each way</p> <p>Like us on Facebook: Fremont Friendship Center</p> <p>Walking Club continues: Tuesday, Wednesday, and Thursdays 9am-3pm- (except when main arena is rented out)</p>			<p>1 9:15 Tai Chi</p> <p>9:30 Exercises</p> <p>9:30 Hand and Foot Cards</p> <p>9:30 UNO Attack</p> <p>10:30 SPECIAL MUSIC WITH PAUL SIEBERT</p> <p>12:30 Sheepshead/Pinochle</p> <p>Chicken Cordon Bleu</p> <p>Cheese Tortellini over Lettuce</p>	<p>2 9:00 Rummikub</p> <p>9:30 Chair Volleyball</p> <p>10:00 Bohemian Pitch</p> <p>10:00 Skip Bo</p> <p>10:00 Farkle</p> <p>10:30 Catch Phrase</p> <p>CENTER CLOSSES AT 1PM</p> <p>Italian Goulash</p> <p>Chicken Salad on Croissant</p>	<p>3</p> <p>NU VS OHIO STATE</p> 
	<p>4 Daylight Saving Ends!</p>  <p>set your clock back 1 hour!</p>	<p>5 9-3 Medicare Assistance</p> <p>Reservations needed 402-444-6617</p> <p>9:15 Exercises</p> <p>9:30 Garbage Cards</p> <p>10:30 Bowling on the Wii</p> <p>12:30 Double Pot Pitch</p> <p>Get double or more if you eat lunch</p> <p>BBQ Meatballs</p> <p>Turkey and Cheddar on Bun</p>	<p>6 Election Day!</p> <p>9:15 Tai Chi</p> <p>9:30 Chair Volleyball</p> <p>10:00 Coloring w/ Paulette</p> <p>10:00 Hand and Foot</p> <p>12:30 Bingo-Fremont Audiology</p> <p>1:30 Open Games</p> <p>Baked Cod in Creamy Sauce</p> <p>Reuben Salad</p>	<p>7 9:00 Rummikub</p> <p>9:30 Exercises</p> <p>9:30 Line Dancing(center side)</p> <p>9:30 Bohemian Pitch</p> <p>10:00 Hints with Home Instead</p> <p>10:30 Music w/ Wally</p> <p>12:30 Pitch Tournament</p> <p>Fried Chicken Breast</p> <p>Crab/Baby Shrimp Macaroni Sld</p>	<p>8 9:00 Rummikub</p> <p>9:15 Tai Chi</p> <p>10:00 Information on Medicaid and Medicare Dual Complete Program</p> <p>10:30 Bingo</p> <p>12:30 Sheepshead and Pinochle</p> <p>Meatloaf with Gravy</p> <p>Turkey and Cheese on a Bun</p>	<p>9 9:00 Rummikub</p> <p>9:30 Chair Volleyball</p> <p>10:00 Bohemian Pitch</p> <p>10:00 Farkle</p> <p>10:00 Skip Bo</p> <p>10:30 Bingo with Pro-Med Care</p> <p>CENTER CLOSSES AT 1PM</p> <p>Sweet and Sour Chicken Breast</p> <p>Roast Beef and Swiss on Bread</p>
<p>11</p> 	<p>12</p> <p>Observance of Veteran's Day!</p> <p>Center is closed</p> <p>WE SALUTE OUR VETERANS</p> 	<p>13 9:15 Tai Chi</p> <p>9:30 Chair Volleyball</p> <p>10:00 Coloring w/ Paulette</p> <p>10:00 Hand and Foot</p> <p>10:30 Skip Bo</p> <p>12:30 Bingo-w/ Shalimar</p> <p>1:30 Open Games</p> <p>Chili Dog with Cheese</p> <p>Turkey Chef Salad</p>	<p>14 9:00 Rummikub</p> <p>9:30 Line Dancing & Exercises</p> <p>9:30 Hand and Foot</p> <p>10:30 Special Music with Bill Chrastil</p> <p>11:30 Monthly Birthday Party</p> <p>12:30 Pitch Tournament</p> <p>Baked Ham</p> <p>Italian Chicken Sld on Pita Bread</p>	<p>15 9:00 Rummikub</p> <p>9:15 Tai Chi</p> <p>10:00 Volunteer Fair with Serene Care Hospice</p> <p>10:30 Bingo</p> <p>12:30 Sheepshead</p> <p>12:30 Pinochle</p> <p>Roast Beef with Gravy</p> <p>Classic Chef Salad</p>	<p>16 9:00 Rummikub</p> <p>9:30 Chair Volleyball</p> <p>10:00 Bohemian Pitch</p> <p>10:00 Farkle</p> <p>10:00 Skip-Bo</p> <p>10:30 Bingo with Miracle Ear</p> <p>CENTER CLOSSES AT 1PM</p> <p>BBQ Chicken Breast</p> <p>Ham and Cheese on Wheat Bread</p>	<p>17</p> <p>NU VS MICHIGAN STATE</p> 
<p>18</p>	<p>19 9:00 Rummikub</p> <p>9:30 Hand and Foot Cards</p> <p>9:45 Movie Monday with Marv's marvelous popcorn</p> <p>12:30 Double Pot Pitch</p> <p>Get double or more if you eat lunch</p> <p>Hamburger Patty w/ Gravy</p> <p>Grilled Chicken Ranch Salad</p>	<p>20 9:15 Tai Chi</p> <p>9:30 Chair Volleyball</p> <p>10:00 Coloring w/ Paulette</p> <p>10:30 Skip Bo</p> <p>12:30 Bingo w/ Caring for People</p> <p>1:30 Open Games</p> <p>Seafood Chowder</p> <p>Italian Sandwich</p>	<p>21 9:00 Homemade Rolls from Nye Square</p> <p>9:30 Line Dancing & Exercises</p> <p>10:30 Special Music with Pam Kragt</p> <p>12:30 Pitch Tournament</p> <p>Turkey Breast with Gravy</p> <p>Roast Beef Chef Salad</p>	<p>22</p> 	<p>23</p> <p>NU VS IOWA</p>  <p>CENTER CLOSED</p>	<p>24</p> 
<p>25</p> 	<p>26 9:15 Exercises</p> <p>9:30 Hand and Foot Cards</p> <p>9:30 Garbage Cards</p> <p>10:00 Skip Bo</p> <p>12:30 Double Pot Pitch</p> <p>Get double or more if you eat lunch</p> <p>10 Grain Fish Fillet</p> <p>Roast Beef Sandwich</p>	<p>27 9:15 Tai Chi</p> <p>9:30 Chair Volleyball</p> <p>10:00 Coloring w/ Paulette</p> <p>10:00 Hand and Foot</p> <p>12:30 Bingo w/ Pathfinder</p> <p>1:30 Open Games</p> <p>Swedish Meatballs</p> <p>Turkey and Cheddar on a Bun</p>	<p>28 9:15 Board Meeting</p> <p>9:30 Toe Nail Clinic</p> <p>9:30 Line Dancing & Exercises</p> <p>10:30 Special Music with Kim Eames</p> <p>12:30 Pitch Tournament</p> <p>Beef Ravioli</p> <p>Chicken Caesar Salad</p>	<p>29 9:00 Rummikub</p> <p>9:15 Tai Chi</p> <p>9:30 Exercises</p> <p>9:30 Hand and Foot</p> <p>10:30 Bingo</p> <p>12:30 Pitch Tournament</p> <p>Chicken Breast w/ Gravy</p> <p>BLT Supreme Salad</p>	<p>30 9:00 Rummikub</p> <p>9:30 Chair Volleyball</p> <p>10:00 Bohemian Pitch</p> <p>10:00 Garbage Cards</p> <p>10:00 Skip Bo</p> <p>10:30 Holiday Trivia</p> <p>Chili with Cornbread</p> <p>Teriyaki Chicken Strips</p>	