


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1 9:00 Rummikub 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 12:30 Bingo w/ Nye 1:30 Open Games May Day! Bring 1 small May basket Beef and Tator Tot Casserole Turkey Pasta Salad	2 9:30 Line Dancing 9:30 Exercises 9:30 UNO Attack 10:00 Hints with Home Instead 10:30 Special Music with Wally on the Piano 12:30 Pitch Tournament Ham with Citrus Glaze Roast Beef Sandwich	3 9:00 Rummikub 9:15 Tai Chi and Exercises 9:30 UNO Flash 10:00 Presentation with Premier Estates-Fun Mother's Day Stories 10:30 Bingo 12:30 Sheephead/Pinochle Swiss Steak with Gravy Chicken Salad on Croissant	4 9:00 Rummikub 9:30 Chair Volleyball 10:00 Bohemian Pitch 10:00 Skip Bo 10:00 Bunko 10:30 Trivia with Marv 1:00 Center Closes Spicy Chicken Sandwich Classic Chef Salad	5 	
6	7 9:00 Rummikub 9:30 Exercises 9:30 Hand and Foot 9:30 Bohemian Pitch 10:00 Skip Bo 10:30 Bowling on the Wii 12:30 Pitch/Sheepshead Meatball Stroganoff Chicken Salad on Wheat Bread	8 9:00 Rummikub 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:00 Hand and Foot 12:30 Bingo w/ Shalimar 1:30 Open Games Chicken and Dumplings Roast Beef Chef Salad	9 9:30 Line Dancing 9:30 Exercises 9:30 UNO Attack 9:30 Dominoes 10:30 Music with Kim Eames 11:30 Monthly Birthday Party 12:30 Pitch Tournament Roast Beef with Gravy Cobb Salad	10 9:15 Tai Chi 9:30 Exercises 10:00 "Keep moving" presentation Physical Therapist-Chris Wormuth 10:30 Mystery Bingo 12:30 Sheephead and Pinochle 10 Grain Fish w/ Tartar Sauce Meat Trio Hoagie Sandwich	11 9:00 Rummikub 9:30 Chair Volleyball 10:00 Bohemian Pitch 10:00 Skip Bo 10:00 Bunko 10:30 Bingo with PRO-MED 1:00 Center Closes Cheese Omelet w/ Cheese Sauce Turkey Chef Salad	12	
13		14 9:00 Rummikub 9:15 Exercises 9:30 Hand and Foot 9:30 Garbage Cards 10:00 Slides of the Caribbean w/ Rich Hirschman 12:30 Pitch/Sheepshead Chicken Parmesan Casserole Ham and Cheddar on Bun	15 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring 10-11:30 Garage Sale Set Up 10:00 UNO Attack 12:30 Bingo- Caring for People 1:30 Open Games Chili Dog on Bun Fajita Chicken over Lettuce	16 9:30 Line Dancing 9-10:30 Garage Sale Set Up 9:30 Exercises 9:30 Skip Bo 10:00 Special Music with Bill Chrastil 12:30 Pitch Tournament Lemon Pepper Chicken Breast Classic Chef Salad	17 9:15 Tai Chi 1-7pm GARAGE SALE BAKE SALE 10:30 Bingo 12:30 Sheephead/Pinochle Beef Taco Salad Creamy Crab-Baby Shrimp Pasta Salad	18 9:00 Rummikub 8am-NOON Annual Garage Sale \$3-Bag Sale begins at 10am 10:30 Bingo w/ Fremont Wellness and Therapy NOON-Clean up from Sale 1:00 Center Closes Pork Loin with Gravy Roast Beef and Swiss Sandwich	19 
20	21 9:00 Rummikub 9:30 Exercises 9:30 Hand and Foot 9:30 Bohemian Pitch 9:45 Movie Monday 12:30 Pitch/Sheepshead Asian Beef & Rice Casserole Egg Salad Sandwich	22 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:00 Open Games 12:30 Bingo w/ Pathfinder 1:30 Open Games Sweet-n-Sour Chicken Breast Roast Beef Chef Salad	23 9:00 Rummikub 9:30 Line Dancing 9:30 Board Meeting 10:30 Special Music with George and the Juniors 12:30 Pitch Tournament Beef and Bean Burrito BLT Supreme Salad	24 9:15 Tai Chi 9:30 Exercises 9:30 Hand and Foot 9:30 Mexican Train Dominoes 10:30 Poker Bingo 12:30 Sheephead/Pinochle Turkey with Gravy Ham Salad on Pita Bread	25 9:00 Rummikub 9:30 Chair Volleyball 10:00 Bohemian Pitch 10:00 Bunko 10:00 Skip Bo 1:00 Center Closes Cheeseburger Chicken Caesar Salad	26	
27		28 29 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring 10:30 Movies w/ Larry 12:30 Bingo 1:30 Open Games Meatloaf with Gravy Ham & Cheese on Vienna Bread	30 9:00 Rummikub 9:30 Line Dancing 9:30 Hand and Foot 10:30 Special Music with Tim Javorsky 12:30 Pitch Tournament Pork Chop with Gravy Roast Beef Sandwich	31 9:15 Tai Chi 9:30 Exercises 9:30 UNO Flash 9:30 Mexican Train Dominoes 10:30 Bingo 12:30 Sheephead/Pinochle Jambalaya Creamy Cheese Tortellini on Lettuce	Suggested lunch contribution is \$3.50 for those 60 and better Lunch served daily at 11:30am-please call by noon the day before Center is opened Monday-Thursday 9:00am-3:00pm Fridays 9:00am-1:00pm Transportation available \$2.00 each way Like us on Facebook: Fremont Friendship Center Walking Club continues: Tuesday, Wednesday, and Thursdays 	9am-3pm- (except when main arena is rented out)	