

# November 2017

# Fremont Friendship Center

# 402-727-2815

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 9:30 Line Dancing 9:30 Exercises 10:00 Hints with Home Instead 10:30 Open Games  <b>10:30 Special Music</b> with Wally on the piano <b>12:30 Pitch Tournament</b> <b>Baked Ham</b> Turkey on a Ciabatta Bun	<b>2</b> 9:15 Tai Chi 9:15 Exercises 9:30 UNO Attack 10:00 Presentation Premier Estate 10:30 Bingo 12:30 Sheepshead and Pinochle <b>Chicken Cordon Bleu</b> Rubeen Salad	<b>3</b> 9:00 Rummikub 9:30 Chair Volleyball 10:00 Bohemian Pitch 10:00 Mexican Train Dominoes 10:00 Skip Bo 11:00 Farkle <b>1:00 Center Closes</b> <b>Hamburger Patty w/ Gravy</b> Cobb Salad	<b>4</b> Nebraska vs. Northwestern home 
Suggested lunch contribution is \$3.50 for those 60 and better Lunch served daily at 11:30am-please call by noon the day before Center is opened Monday-Thursday 9:00am-3:00pm Fridays 9:00am-1:00pm Transportation available \$2.00 each way Like us on Facebook: Fremont Friendship Center <b>ENTER AS OUR GUEST...LEAVE AS OUR FRIEND!</b>						
<b>5</b>  Daylight Saving Time Ends	<b>6</b> 9:00 Rummikub 9:30 Exercises <b>10:30 A Salute to Veteran's</b> <b>Humanities of Nebraska</b> <b>Nebraska Spirit: The North Platte</b> <b>Presented by Charlotte Endorf</b> 12:30 Pitch/Sheepshead <b>Chicken Fajitas</b> Ham and Cheese on Wheat Bun	<b>7</b> 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:30 Hand and Foot 11:00 Medicare Part D Presentation 12:30 Bingo w/ NYE 1:30 Open Games <b>Potato Crusted Fish</b> Turkey Chef Salad	<b>8</b> 9:30 Line Dancing 9:30 Exercises 9:30 UNO Attack <b>10:30 Special Music</b> with Billy Troy  <b>11:30 Birthday Party</b> 12:30 Pitch Tournament <b>Fried Chicken Breast</b> Roast Beef Chef Salad	<b>9</b> 9:00 Rummikub 9:15 Tai Chi and Exercises <b>9:30-3 Attorney General's-Mobile Office</b> <b>10:00 BINGO</b> **note time change <b>11:00 Speaker from the Attorney General's Office-Ryan Sothan</b> 12:30 Sheepshead/Pinochle <b>Beef Chili</b> Tuna Salad Sandwich	<b>10</b> <b>CLOSED FOR VETERAN'S DAY</b> 	<b>11</b>  Nebraska vs. Minnesota  home
<b>12</b>	<b>13</b> 9:00 Rummikub 9:30 Exercises 9:30 Hand and Foot 9:30 Bohemian Pitch 10:00 UNO Attack 10:30 Trivia with Marv 12:30 Sheepshead/Pitch <b>Turkey Fritter</b> Ham Salad on Rye Bread	<b>14</b> 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 11:00 Presentation on the book "What makes Olga Run" 12:30 Bingo w/ SHALIMAR 1:30 Open Games <b>Italian Pasta Casserole</b> Crab/baby Shrimp macaroni salad	<b>15</b> 9:30 Line Dancing 9:30 Exercises 9:30 Skip Bo 9:30 UNO Attack  <b>10:00 Special Music</b> <b>the Links!</b> 12:30 Pitch Tournament <b>Breakfast for Lunch: Egg Scramble</b> Turkey Sandwich	<b>16</b> 9:00 Rummikub 9:15 Tai Chi 9:30 Exercises 9:30 Garbage Cards 10:30 Mystery Bingo 12:30 Sheepshead and Pinochle <b>Roast Beef and Gravy</b> Chicken Salad on Croissant	<b>17</b> 9:30 Rummikub 9:30 Chair Volleyball 10:00 Bohemian Pitch 10:00 Mexican Train Dominoes 10:30 Bingo with Fremont Therapy and Wellness <b>1:00 Center Closes</b> <b>Shredded BBQ Chicken Sandwich</b> Roast Beef on Chef Salad	<b>18</b> Nebraska vs. Penn State away 
<b>19</b> National Play Monopoly Day! 	<b>20</b> 9:00 Rummikub 9:30 Exercises 9:30 Hand and Foot 9:30 Bohemian Pitch 9:45 Movie Monday-  12:30 Sheepshead/Pitch <b>American Beef/Potato Casserole</b> Turkey Chef Salad	<b>21</b> 9:15 Tai Chi 9:30 Chair Volleyball 10:00 Coloring w/ Paulette 10:30 Bohemian Pitch 12:30 Bingo w/ PATHFINDER 1:30 Open Games <b>Country Fried Steak w/ Gravy</b> Egg Salad on Pumpnickel	<b>22</b> 9:00 -1:30 Toe Nail Clinic 9:30 Line Dancing  <b>9:30 Board Meeting</b> <b>9:45 Closed Caption Phone</b> <b>10:30 Special Music Julie Couch</b> 12:30 Pitch Tournament <b>Turkey Breast w/ Gravy</b> Roast Beef Sandwich	<b>23</b>  We are very thankful for all of our friends at the Friendship Center!	<b>24</b> Closed for Thanksgiving Break Nebraska vs. Iowa Home 	<b>25</b>
<b>26</b> National Cookie Day 	<b>27</b> 9:00 Rummikub 9:30 Exercises 10:00 Garbage Cards 10:30 Trivia with Marv 12:30 Sheepshead/Pitch <b>Baked Cod in Creamy Sauce</b> Chicken Caesar Salad	<b>28</b> 9:15 Tai Chi 9:30 Volleyball 10:00 Coloring w/ Paulette 10:30 Movies with Larry 12:30 Bingo w/ Pathfinder 1:30 Open Games <b>Swedish Meatballs</b> Fiesta Chicken Salad Wrap	<b>29</b> 9:30 Line Dancing 9:30 Open Games <b>10:00 Special Music</b> <b>Tim Javorsky</b>  12:30 Pitch Tournament <b>Cheese Ravioli</b> Chef Salad	<b>30</b> 9:15 Tai Chi 9:15 Exercises 10:00 Beat those Winter Blues Karan-Pathfinder 12:30 Sheepshead/Pinochle <b>Chicken Breast w/ Fiesta Cheese Sauce</b> Denver Omelet SALAD		