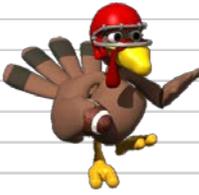


Sept. 2016	402-727-2815	Fremont Friendship Center			West Linden & Ridge Road			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	<b>SUGGESTED LUNCH CONTRIBUTION IS \$3.50</b> For those 60 and better <b>TRANSPORTATION 2.00 EACH WAY</b> <b>CENTER IS OPEN MONDAY-THURSDAY 9AM-3PM</b> <b>FRIDAY 9AM-1PM**Lunch served at 11:30am</b> Like us on Facebook-Fremont Friendship Center <b>ENTER AS OUR GUEST...</b> <b>LEAVE AS OUR FRIEND!</b>			<b>1</b> 9:30 Tai Chi 9:30 Exercises <b>10:00 News Flash</b> <b>Home Instead</b> 10:30 Bingo 12:30 Sheepshead and Pinochle <b>Ham and Potatoes</b> Roast Beef on Roll	<b>2</b> 9:00 Rummikub NO Chair Volleyball 9:30 Pitch Tournament in Fremont 9:30 Skip Bo 10:00 Golf <b>1:00 Center Closes</b> <b>Fried Chicken</b> Roast Beef Chef Salad	<b>3</b> <b>GO BIG RED!</b>  <b>HUSKERS</b> <b>VS</b> <b>FRESNO STATE</b> (HOME)		
	<b>4</b> NEWSPAPER CARRIER DAY	<b>5</b> <b>LABOR DAY</b> Center is Closed Today 		<b>6</b> 9:00 Rummikub 9:30 Chair Volleyball 10:15 Coloring w ith Paulette 10:15 Bohemian Pitch 12:30 Bingo w/ <b>CONNECT HEARING</b> 1:30 Open Games <b>Swedish Meatballs</b> Ham on Ciabatta Roll	<b>7</b> 9:00 Rummikub 9:30 Line Dancing 9:30 Exercises 9:30 Open Games <b>10:30 Special Music w/</b> <b>THE NEALS</b> 12:30 Pitch Tournament <b>Salisbury Beef</b> Chicken Club Salad	<b>8</b> 9:00 Rummikub  9:30 Tai Chi <b>10:30 Special Music</b> <b>Brian Brietbarth Trio</b> 11:30 Medicare Redesign 12:30 Sheepshead and Pinochle <b>Bourbon Chicken Breast</b> Ham Chef Salad	<b>9</b> 9:00 Rummikub 9:30 Chair Volleyball 10:00 Bohemian Pitch 10:30 Bingo with <b>Good Samaritan/Hooper</b> <b>5:00 Trip to Bill Chrastil</b> <b>1:00 Center Closes</b> <b>Country Fried Chicken</b> Tuna Salad Sandwich	<b>10</b> <b>GO BIG RED!</b>  <b>HUSKERS</b> <b>VS</b> <b>WYOMING</b> (HOME)
	<b>11</b> <b>GRANDPARENTS</b> <b>DAY!</b> 	<b>12</b> 9-1 AARP Driver's Class 9:30 Tai Chi/Exercises 10:00 Train Dominoes 10:00 Hand and Foot 10:00 Garbage Cards 12:30 Sheepshead and Pitch <b>Parmesan Chicken</b> Roast Beef Chef Salad		<b>13</b> 9:00 Rummikub 9:30 Chair Volleyball 10:00 Coloring w / Paulette 10:30 Karaoke-Bob Furr 12:30 Bingo w/ <b>SHALIMAR</b> 1:30 Open Games <b>Sausage on Bun</b> Oriental Chicken Salad	<b>14</b> 9:00 Rummikub 9:30 Line Dancing 9:30 Exercises <b>10:30 Special Music w/</b> <b>KIM EAMES</b> <b>11:30 Birthday Party</b> 12:30 Pitch Tournament <b>Tuna Macaroni Casserole</b> Chicken Sld in Pita Pocket	<b>15</b> 9:00 Rummikub 9:30 Tai Chi/Exercises <b>10:00 Managing Pain</b> <b>as you Age</b> 10:30 Bingo 12:30 Sheepshead and Pinochle <b>Soft Shell Beef Taco</b> Crab Macaroni Salad	<b>16</b> 9:00 Rummikub 9:30 Chair Volleyball 10:00 Skip Bo 10:00 Bohemian Pitch 10:30 Bingo with <b>Caring Senior Services</b> <b>1:00 Center Closes</b> <b>Meatloaf</b> Ham Wrap	<b>17</b> <b>GO BIG RED!</b>  <b>HUSKERS</b> <b>VS</b> <b>OREGON</b> (HOME)
		<b>18</b> 9:30 Rummikub 9:30 Tai Chi/Exercises 10:00 Train Dominoes 10:00 Hand and Foot 10:00 Garbage Cards 12:30 Sheepshead and Pitch <b>Cheese Lasagna</b> Tuna Salad		<b>19</b> 9:30 Rummikub 9:30 Chair Volleyball 10:15 Activity Meeting 10:15 Coloring w ith Paulette 12:30 Bingo w/ <b>HOME INSTEAD</b> 1:30 Rummikub/Cards <b>Crunchy Pollock</b> Greek Chicken Salad	<b>20</b> 9:00 Rummikub 9:30 Line Dancing 9:30 Exercises 9:30 Open Games <b>10:00 Special Music</b> <b>THE LINK DUO</b> 12:30 Pitch Tournament <b>Cranberry Chicken Breast</b> Asian Pork Salad	<b>21</b> 9:00 Rummikub 9:30 Line Dancing 9:30 Exercises 10:00 UNO Flash 10:00 Garbage Cards 10:30 Poker Bingo 12:30 Sheepshead and Pinochle <b>Ham Loaf</b> Turkey on Rye Bread	<b>22</b> 9:30 Rummikub 9:30 Chair Volleyball 10:00 Skip Bo 10:00 Bohemian Pitch 10:00 Cheat Cards 10:45 Family Feud <b>1:00 Center Closes</b> <b>Roast Beef</b> Chef Salad	<b>23</b> <b>GO BIG RED!</b>  <b>HUSKERS</b> <b>VS</b> <b>NORTHWESTERN</b> (AWAY)
<b>25</b> <b>NATIONAL</b> <b>COMIC BOOK</b> <b>DAY!</b>	<b>26</b> 9:00 Rummikub 9:30 Tai Chi/Exercises 10:00 Garbage Cards 10:00 Hand and Foot 12:30 Sheepshead and Pitch <b>Swiss Steak</b> Chicken Sld on Croissant	<b>27</b> 9:30 Chair Volleyball 10:00 Coloring w ith Paulette 10:30 Movie w/ Larry 12:30 Bingo <b>w/ Pro-med</b> 1:30 Rummikub <b>Cheeseburger</b> Garden Turkey Salad	<b>28</b> 9:30 Line Dancing 9:30-1 Toe Nail Clinic <b>9:30 Board Meeting</b> <b>10:30 Special Music w/</b> <b>OLD RUSTY MINTRELS</b> 12:30 Pitch Tournament <b>Pork Cutlet</b> Chef Salad	<b>29</b> 9:30 Tai Chi 9:30 Exercises 10:00 Autumn's of our Life 10:30 Bingo 12:30 Sheepshead and Pinochle <b>Tarragon Chicken Breast</b> Egg Salad on Wheat	<b>30</b> 9:00 Rummikub 9:30 Chair Volleyball 10:00 Skip Bo 10:00 Cheat Cards 10:45 Family Feud <b>1:00 Center Closes</b> <b>Turkey Breast w/ Gravy</b> Southwest Ham Salad			