

# FRIENDSHIP NEWS

MAY 2020

1730 W. 16 FREMONT NE

402-727-2815

## May:

As we all wait patiently for life to get back to "normal", I think we need to redefine the meaning of normal! While we refer to life getting back to the way it was, life may never be exactly like it was.

We need to remember that sometimes the new is better than the normal. Think back over your life. You have each gone through many changes. These changes have made an impact on your life and you began a new normal. Whether these changes are good or bad, or happy or sad they do become a part of life as it is, rather than life as it was.

During this time of COVID 19, we have learned the importance of washing our hands, using hand sanitizer, having an extra roll of toilet paper on hand (: and so many other things. We will think about social distancing when we are in groups whether it is with friends or family and we will appreciate each other more than ever before.

Think about it... what are the simple things that you took for granted before this virus hit? Write down a list of three things you took for granted before COVID-19 and then next to that list, write three things down you will really appreciate more because of going through this crisis.

I encourage you to look for the positives! What have you learned over the past weeks? Both the good things and the challenging things can be used as you adjust to the new normal.

As we wait for the day, when we are granted permission to re-open our doors, make today count by reflecting on what you look forward to with the new normal. Count your blessings from your yesterdays, anticipate the joys that will come from today and make the lessons you have learned change your life, for tomorrow.

Looking forward to seeing you and knowing that day is closer now, than it was yesterday!

Laurie

## May Birthdays:

May 1-Delphine Stepanek

May 3-Paulette Steffensmeier

May 3- Bert Troester

May 5-Jodeen Yurk

May 9-Darlys Kopisch

May 12-June Hansen

May 13-Sharon Landholm

May 13-Jayme Schlueter

May 15-Sandy Love

May 18-Janet Kirch

May 22-Al Kersten

May 25-Lola Hood

HAPPY BIRTHDAY TO ALL OF  
OUR SPECIAL FRIENDS!



## Important Numbers:

Fremont Friendship Center  
402-727-2815

Email:

[laurie.harms@fremontne.gov](mailto:laurie.harms@fremontne.gov)

Laurie Harms, Manager

Marv Steffensmeier,

Assistant Manager

Laura Ueberrhein,

Recreation Assistant

Norma Hagerty

Recreation Assistant

## ENOA Office:

Chore, RSVP, Cargo -402-721-7780

Meals on Wheels-402-721-8262

Rural Transportation-402-721-7770



**"ENTER AS OUR GUEST...LEAVE AS OUR FRIEND!"**









